



# IDT Advanced Course 2012

**As a Foundation Course graduate, you've experienced the depth, speed, power and delight of IDT, and now you're ready for more...**

The Foundation Course gave you a basic introduction to IDT's seven-stage map of the client's therapeutic process and to IDT techniques that work well with relatively cooperative, motivated and resourced clients. The IDT Advanced Course is aimed at practising professionals, and takes you much further. It provides an in-depth exploration of the therapeutic process, and the different set of therapeutic tasks and challenges and different skill set of therapeutic intervention and style that each stage requires with more challenging clients. The Advanced Course is a robust hands-on experiential training; we don't just talk about Interactive Drawing Therapy and the therapeutic process, we enter into the process ourselves.

The Advanced Course will inform, protect, personally and professionally inspire you, significantly widen your IDT repertoire and increase your skill, confidence and ability to work effectively with your clients.

## Learning Outcomes

- Understand the stages of the therapeutic process and the value and 'cost' of each stage
- Accurately read which stage the client is at
- Anticipate the stage-specific risks and dangers
- See the big picture and not get caught in client content
- Select the most effective IDT interventions for each stage and therapeutic task
- Learn to adjust your pitch, timing and manner to suit the work at hand
- Match session management to stage requirements
- Expand your ability to bring safety and containment
- Know which therapeutic tasks to attend to
- Learn how to work at deep levels with sub-personalities, archetypes, metaphor and symbol

## Professional Outcomes

- Increase your skill, confidence and success in facilitating client change
- Gain personal and professional insight
- Extend your range of IDT applications
- Bridge cultural and language differences
- Gain expert like-minded peer support
- Become a listed IDT Counsellor
- Progress toward becoming an accredited IDT Supervisor
- Meet one of the pre-requisites for Teacher Training
- Become involved in IDT research and development

## What the Research Shows

A study\* of 235 IDT graduates showed that Advanced Course graduates were far more likely to be highly confident in using IDT (p.18). "IDT [was] seen to be useful for a wide range of presenting issues ... **particularly when practitioners are sufficiently skilled in its use**, and able to deal with client resistances. Both of **these factors highlight that intending practitioners should undertake more advanced training**, as currently provided" (p.29).

\*A Practitioner Survey of Interactive Drawing Therapy as Used in New Zealand by Hans Everts and Russell Withers, published in the NZ Journal of Counselling, 2006 (26/4)

## What Previous Advanced Course Participants Say

"Another hunk of the richest and most exciting knowledge I've ever studied since psych degree days...In 20 years of training and working as a counsellor this is the most useful and enabling course I have attended ... Dramatically increased the quality of my work with clients ... My counselling and awareness of life suddenly expanded on many different levels."

## 2012 Course Structure

The Advanced Course consists of six days of training, offered as two 3-day sessions in New Zealand and Australia. Class sessions run from 8:30am to 5:00pm each day, and there are also set assignments to complete between sessions. A certificate of course completion will be issued on receipt of the final assignment.

To enrol in the Advanced Course, you must have completed the IDT Foundation Course, be trained in counselling skills, have clients, and receive regular supervision.

### Australia Advanced Course Schedule 2012

	Session 1	Session 2
Brisbane	11-13 October	8-10 October

To Register, complete the attached form, or for more information, visit [www.InteractiveDrawingTherapy.com](http://www.InteractiveDrawingTherapy.com); email [idt@pl.net](mailto:idt@pl.net), phone +64 9 376 4789, write to PO Box 47-419, Ponsonby, Auckland 1144, New Zealand

## IDT - Powerful Tools for Skilled Professionals

