



## 2012 IDT Professional Development Workshop Series

These two-day workshops provide further training in the use of IDT with specific applications, and will extend and deepen your effectiveness as an IDT practitioner. If a workshop you are interested in attending is not offered in your city, please contact the office and let us know, as we may be able to schedule some additional workshops, depending on demand. These workshops can also be provided on a lump-sum contract basis to agencies. IDT periodically offers these courses.

Hours:	8.30 am to 5.00 pm	Pre-Requisite: Completion of IDT Foundation Course
Cost:	\$400-450 (inc GST) per two-day workshop	Registrations: Please use Registration Form below

### Using IDT with Children and Adolescents

Children and adolescents have different developmental capacities, and therefore require us to modify our use of IDT from the way that we work with adults. (Similar modifications can also be required when we find ourselves working with age-regressed adult clients). This course maps the key developmental stages of the young person, and provides guidelines for matching our IDT interventions with the child's readiness and capabilities. Principles and techniques for working with different age groups will be presented, and we will role-play typical scenarios. Examples of child and adolescent imagery will also be presented.

City	Course	Date
Brisbane	...Children and Adolescents	16-17 August
Auckland	...Children and Adolescents	2-3 October
Sydney	...Children and Adolescents	18-19 October
Christchurch	...Children and Adolescents	25-26 October

### IDT Group Work

Group work offers special benefits that cannot be achieved in one-to-one counselling. This workshop will provide IDT activities to help you accurately identify group needs, plan matching programmes, create an environment of safety and openness, use metaphor, develop guided drawings, match drawing cues to group needs, and open and close sessions. You will leave this workshop with increased confidence and heaps of practical IDT skills that can be used during a group session and across the life of an ongoing group. IDT has a unique capacity for making groups more effective. Specifically this workshop will practice the use of IDT to address issues of group culture; contracting; multiple agendas; conflict and safety; differences in the level of participant readiness; group dynamics as well as issues of leadership and counter-transference.

City	Course	Date
Brisbane	...Group Work	18-19 April
Auckland	...Group Work	4-5 October
Sydney	...Group Work	8-9 October

### IDT Supervision

This workshop outlines the unique aspects of using IDT in supervision (for both supervisor and supervisee), and covers strategies for Supervisor-led groups, Peer group supervision, One-to-one supervision, and Self-supervision. Participants are invited to bring drawings and case-notes of two current cases to share with the class. Please note that these IDT Supervision workshops are experiential and remain focussed around IDT practice, and will include matters of contract, counter-transference and transparency. This workshop is designed to supplement your ongoing regular supervision, not replace it.

Adelaide	...Supervision	8-9 March
Auckland	...Supervision	10-11 May
Brisbane	...Supervision	20-21 August
Wellington	...Supervision	22-23 November

### Couples & Family Work

The basic IDT method (taught in our Foundation Course) is designed to take the individual client into their inner world, whereas a 'group client' generally requires us to focus more on inter-personal dynamics and matters of collective intent. We therefore need to use the IDT page in quite a different way. IDT-based Couples Work uses jointly-constructed visual metaphors to reframe conflict, generate insight, and start a remarkable process of collaborative decision-making.

Wellington	...Couples & Family Work	28-29 May
Auckland	...Couples & Family Work	29-30 October

## Australia 2012 IDT Professional Development Workshops Registration Form

Please use a **dark coloured pen**, **print legibly** and send/fax your completed, **signed** registration form to:

**Interactive Drawing Therapy Limited, PO Box 47-419, Ponsonby, Auckland 1144, New Zealand**

Fax: +64 9 376 4759 Email: [idt@pl.net](mailto:idt@pl.net)

# Interactive Drawing Therapy



## Your Name and Contact Information

Name: ..... Occupation: ..... Organisation: .....  
Mailing Address: ..... Suburb: ..... City: ..... Post Code: .....  
Phone (work): ..... Phone (home): ..... Mobile: .....  
Email (work): ..... Email (home): ..... State/Region: .....

## Which Course Are You Attending?

City	Date
..... (at) .....	..... (on) .....

What is Your Course Fee? (please circle fee option which applies) Course Fee (gst inc) \$AUD

<b>Early Bird Fee</b> - payment must be <u>received</u> 6 weeks before Course start date	\$400.00
<b>Two-Day Workshop</b>	\$450.00

<b>Your Payment Total</b>	Write Total To Pay Here →	\$.....
---------------------------	------------------------------	---------

How Are You Paying?: (please circle payment option and complete info. panel) ABN/GST # 45 473 329 235

**CHEQUE** I enclose a cheque made out to **Interactive Drawing Therapy**.

**DIRECT CREDIT** I have paid by direct credit/bank deposit.

**If paying by Direct Credit, it's essential that you get the bank to print your name or IDT Invoice No. on our bank statement to identify your deposit, AND/OR that you advise us of your payment date and amount (and any reference details your bank has provided).**

Date of Payment .....Reference .....

**Australia**  
**Assign Direct Credit payments to:**  
**Interactive Drawing Therapy Limited**  
**BSB: 032000 Account: 598467**  
**Westpac Bank, 341 George Street, Sydney, Australia**

**INVOICE ( Please Complete this Section)** Attention:

Organisation: Postal Address:

Phone: Email:

## **This form must be signed for your registration to be accepted.**

I have read and accept the 'Terms and Conditions' on the IDT website [www.InteractiveDrawingTherapy.com](http://www.InteractiveDrawingTherapy.com)  
(Please ask us to email or post you a copy of the Terms and Conditions if you do not have website access.)

Signed ..... Date .....