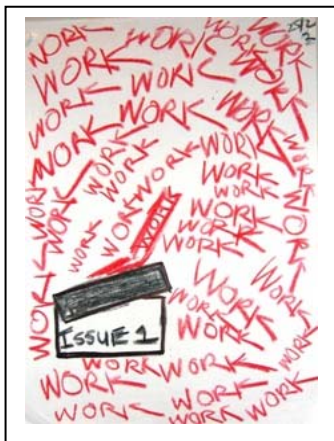


# Interactive Drawing Therapy

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 Telephone: +64 9 376 4789 Facsimile: +64 9 376 4759  
 Email: idt@pl.net Web: InteractiveDrawingTherapy.com

## Working with Imagery and Metaphor to unlock inner resourcefulness



Simple images and key words carry vast amounts of encoded information that can be worked up to provide a significant therapeutic encounter.

Interactive Drawing Therapy (IDT) is a unique modality, backed by contemporary neuro-science, that provides new and powerful tools to transform the traditional talking processes. It provides an interactive page-focused way of seeing the big picture, and activates an inherently resourceful and solution-oriented part of the client's psyche.



IDT uses jointly-constructed visual imagery to review the client's situation, reframe their conflict, generate insight, access cognitive and emotional resourcefulness, and start a remarkable process of constructive decision-making. With over 4,000 professional course enrolments, IDT demonstrably offers you a theory and practice that works, extending your range of skills, and increasing your professional effectiveness and satisfaction.

### Recent Testimonials:

- The very best of training courses I have ever attended. We intend to travel to NZ for next year's conference.
- I thoroughly enjoyed the 4-day training... a very professional, well-structured experience.
- I've just returned from a fabulous experience of IDT. I learned a lot and will find it very useful in my practice.
- The most 'information packed' course I've attended. I am very happy someone emailed it to my manager.
- Excellent. Skills that can be put into practice immediately. Fabulous / Inspiring. Simply brilliant, Wow factor, Clear.
- Excellent! Content very useful, teacher presentation excellent, pace good, demonstrations and practice all really good. Handouts great.
- Accessible and mind-blowing. Impressive. Very powerful.

Interactive Drawing Therapy is used in one-to-one and group work by: counsellors, youth workers, mental health teams, corrections officers, alcohol and drug services, specialist education services, Aboriginal and Maori service providers, sexual abuse and refuge centres, immigrant services, stopping violence agencies, chaplains, psychotherapists, and social work agencies. IDT has been presented at national and international conferences, university researched, and published in professional journals.

### IDT Foundation Course Programme 2008

	UNIT ONE	UNIT TWO		UNIT ONE	UNIT TWO
BRISBANE	Mar 10-11	May 26-27		MELBOURNE	May 1-2 Jul 17-18
SYDNEY	Mar 13-14	May 29-30		CANBERRA	Jul 14-15 Oct 7-8
PERTH	Apr 21-22	Apr 23-24		BRISBANE	Aug 25-26 Oct 9-10
ADELAIDE	Apr 28-29	Jul 10-11		SYDNEY	Aug 28-29 Oct 2-3

#### WORKING WITH PAGES:

- The page concretizes the client's thoughts and feelings - allowing the client to separate them from self.
- As more material is layered onto the page, the client's mentalising shifts from giving out information and opinion, to taking in implication and insight.
- Seeing the bigger picture provokes a change in perception, enabling the client to intuitively find a wiser next step toward a more authentic future.

#### WORKING WITH IMAGES:

- By alternating left- and right-brain functions, the page becomes a transitional space mediating between objective event and subjective experience.
- Working with images activates the constructive aspects of the unconscious.
- Visual metaphors provide a language that bypasses the constraints of logic. Anything is possible and permissible on a page.

Please display on staff and student notice boards, and forward to colleagues  
[www.InteractiveDrawingTherapy.com](http://www.InteractiveDrawingTherapy.com)

# Interactive Drawing Therapy

## LEARNING OUTCOMES

We guarantee you will leave the IDT Foundation Course with practical, user-friendly tools that can:

- Be put to immediate use
- Liberate your client's resourcefulness
- Increase your professional effectiveness
- Inform and guide your team consultations
- Assist in supervisory support
- Enable greater success with your agency's workload
- Provide new ways of bringing about change
- Join you with others who value this way of working

The IDT Foundation Course is a pre-requisite to attend the Advanced Course, the Professional Development workshops and Conference / Retreat

**IN-HOUSE STAFF TRAINING** – We would be pleased to discuss this cost-effective option with you.

**FOUNDATION COURSE PROGRAMME** (Class times – please be there by 8.15 am ready for 8.30 am start, finish time, 5.00 pm )

UNIT ONE		UNIT TWO	
<b>DAY ONE</b> Introduction Key Concepts U1 Basic Method Working with Drawings Working with Words I Session Management	<b>DAY TWO</b> Review Guiding Principles Applications Drawing Interventions Working at Depth Resistant Clients IDT Development	<b>DAY ONE</b> Overview Key Concepts U2 Layers of Issues DT Therapeutic Process Parts Work	<b>DAY TWO</b> Review Predictable Difficulties Working with Words II Thematic Frameworks Farewell I and II Transition I and II

## REGISTRATION FORM (AUSTRALIA 2008)

Send to: **Interactive Drawing Therapy**  
 PO Box 47-419, Ponsonby, Auckland 1144, New Zealand  
 Fax: (09) 376 4759 Email: idt@pl.net

**COURSE FEES:** (Include GST, Handouts, Refreshments - not lunch)  
 Early Bird fee is only for 4-day course, and if paid 6 weeks prior to Unit 1.

4-Day Foundation Course	First Time	Refresher
EARLY BIRD FEE	<input type="checkbox"/> A\$ 680	<input type="checkbox"/> A\$ 460
STANDARD FEE	<input type="checkbox"/> A\$ 720	<input type="checkbox"/> A\$ 500
<b>Unit One OR Unit Two only</b>	<input type="checkbox"/> A\$ 380	<input type="checkbox"/> A\$ 270

**GROUP BOOKING** - 10% discount is offered on standard fee if three or more, from the same agency, coordinate to send in their paid enrolments together, for the same course.

I am co-registering with .....  
 and .....

**Please enrol me in the 2008 IDT Foundation Course:**

UNIT ONE at .....(city) .....(date)

UNIT TWO at .....(city) .....(date)

### ENROLMENT DETAILS:

Name:	
Occupation:	
Organisation:	
Postal Address:	
Suburb:	City:
Province:	Post Code:
Ph. Wk.	Ph.Mob.
Email:	

I have read and accept the 'Terms and Conditions' on the IDT website  
[www.InteractiveDrawingTherapy.com](http://www.InteractiveDrawingTherapy.com)

Signed ..... Date .....

## TAX INVOICE

GST Reg Number: 45 473 329 235  
 ABN: 45 473 329 235

### PAYMENT OPTIONS:

(A receipt will only be sent if requested)

<input type="checkbox"/> I enclose a <b>CHEQUE</b> for: ( Payable to <b>Interactive Drawing Therapy</b> )	A\$.....
<input type="checkbox"/> Please <b>INVOICE EMPLOYER</b> (show details below)	A\$.....
<input type="checkbox"/> I have paid by <b>DIRECT CREDIT / BANK DEPOSIT</b>	A\$.....
Date of Payment: .....	
Westpac Branch for Bank Deposit: .....	

**Assign Direct Credit payments / Bank deposits to:**  
**Interactive Drawing Therapy Limited**  
**BSB: 032000 Account: 598467**  
**Westpac Bank, 341 George Street, Sydney, Australia**

It's essential that you get the bank to print your participant Name or IDT Invoice No on our bank statement to identify your deposit, OR if that's not an option with your bank, that you advise us of your payment date and amount (and any reference details your bank has provided).

### EMPLOYER'S INVOICE DETAILS:

Organisation:	
Attention:	
Postal Address:	
Suburb:	City:
Province:	Post Code:
Phone:	
Email:	

### WHERE DID YOU FIND OUT ABOUT IDT?

Previous Participant	<input type="checkbox"/>
Advertisement in (Please name publication) .....	<input type="checkbox"/>
IDT Website	<input type="checkbox"/>
IDT Email Campaign	<input type="checkbox"/>
Conference Presentation at .....	<input type="checkbox"/>