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## Interactive Drawing Therapy

### Start of year offer!

We are pleased to announce that as a special start of year offer, for each fully paid Unit One or Foundation course enrolment we receive we are offering a second person a place in the same Unit One for free. This 'two for the price of one' offer applies only to the following courses;

FOUNDATION COURSE - Unit One			
Australia		New Zealand	
Perth A	3-4 March	Wellington A	3-4 March
Adelaide A	10-11 March	Auckland A	10-11 March
Sydney A	17-18 March	Whangarei	17-18 March

Payment must be received before 'free' places are secured. Offer is subject to availability. A single invoice/receipt will be sent for each full course payment. Enrolment forms must be sent together, and refer to each other.



### IDT in a turbulent and troubled world

Recent times have been hard on many people. With huge earthquakes that hit Christchurch, in the South Island of New Zealand towards the end of last year, the widespread flooding across both New Zealand and Australia, most notably in Queensland, Australia, cyclones, and tragic mining disasters such as the Pike River Coal Mine on the West Coast of New Zealand, and all this following droughts in much of Australasia. And that is not to mention the political, ecological, climactic and economic turmoil that much of the world is experiencing these days!

We are very proud to state that IDT is doing what it can to help those most affected in our backyard, and IDT has been one of the recommended modalities in the ongoing Christchurch relief work in New Zealand and we are running courses for flood relief workers across Australia in the coming months. IDT has been IDT has consistently been a therapy of choice by a wide range of professionals over the years and we continue to receive positive and inspiring feedback from our many participants.

Such trying times are when our industry is needed most. IDT is an effective, non-invasive, powerful, fast working and adaptable way as helping clients come to terms with the vagaries of life. The IDT modality can be used with people of all ages and cultures, and equips practitioners with the tools to effectively help those in need.

Despite these hard times 2011 promises to be a rewarding year for the IDT Group, with Licenses for our existing operations on both sides of the Tasman up for tender, Teacher Training Courses starting just after Easter, in both New Zealand and Australia, we are following up on several leads to get IDT into new and exciting markets internationally and our usual range of dynamic, resourceful, rewarding and

inspirational courses available.

IDT training courses include; Foundation; Advanced; Masters and a series of 2 day professional development workshops addressing special client applications (such as Children & Adolescents; Group Work, IDT Supervision), and an IDT Teacher Training Course is both New Zealand and Australia. All courses are now open for enrolments.



**IDT Teacher Training Course -** As you are probably aware of by now, we are running Teacher Training Courses in both New Zealand and Australia this year. We are very excited about this programme, it is our third in New Zealand, since IDT was created by our Director Russell Withers in 1992, and the first in Australia! Presently we fly our teachers to Australia from New Zealand so there is a large demand for local teachers there. Teachers may also have the opportunity to take part in our international expansion and teach overseas!

**Becoming an IDT License owner –** We have completed our documentation and preparation for Licensing our existing New Zealand and Australian operations, and we are presently looking for interested parties to take these over. For further information please visit our website, or contact the IDT office.

## **IDT COURSE SUMMARY AND SCHEDULE FOR 2011**

Interactive Drawing Therapy (IDT) provides powerful tools for clients to access their own inherent resourcefulness and apply it to both presenting and underlying issues. IDT training courses and workshops comprise hands-on experiential sessions, complemented by substantial handouts, and tried and tested lesson plans that ensure you get the same quality of training whichever venue you attend.

### **FOUNDATION COURSE – UNIT ONE**

Unit One covers the basic method and guiding principles for using pages as a therapeutic tool, and provides detail for: Opening, developing and closing an IDT session; Working at depth; Working with Metaphor; Handling overwhelm and defences.

*By the end of the two-day Unit One, participants will be able to employ the basic IDT method as a powerful tool when working with clients.*

### **FOUNDATION COURSE – UNIT TWO**

Unit Two introduces the IDT therapeutic process, and coaches the application of Unit One to thematic frameworks that clients commonly employ.

*By the end of the two-day Unit Two, participants will be able to recognise various thematic frameworks that clients commonly present, and be able to shape their interventions accordingly.*

**Please note that completion of the four-day Foundation Course is a pre-requisite for participation in all other IDT courses and workshops.**

### **ADVANCED COURSE**

The Advanced Course provides an inspiring, in-depth immersion into all seven **stages** of the therapeutic process that clients can pass through, identifying the risks, therapeutic tasks, and different skills and contracts needed at each stage of change.

*By the end of the six-day Advanced Course, participants will have substantially increased their professional effectiveness, and be able to accurately assess the client's condition and respond with appropriate strategy.*

### **MASTER'S CLASS**

The MASTER'S CLASS focuses on assisting IDT practitioners to gain mastery in working with IDT's seven **levels** of change (-not to be confused with the 'stages' of change that are detailed in the IDT Advanced Course). The Master's Class includes constructive self and peer assessments with the aim of building a resilient confidence and a reliable competence in utilising IDT principles and methodology.

*By the end of the three-day Master's Class, participants will be able to work effectively at all seven levels.*

### **PROFESSIONAL DEVELOPMENT WORKSHOPS**

The two-day PD workshops apply IDT to particular aspects of special professional interest. (Please note that only a selection of these topics are available each year)

Children and Adolescents

Group work  
 Supervision  
 We have a range of other PD courses but they have not yet been scheduled for this year

***By the end of a PD workshop participants will have particular tools and frameworks for applying IDT with particular selected client sectors.***

**TEACHER-TRAINING PROGRAMME**

The IDT Teacher training programme aims to produce skilled and accredited IDT teachers, who can deliver selected courses (outlined above) on a contract basis. This is a major career step, and the aim is to have IDT being regularly taught in countries around the globe. The programme comprises 4 x three-day, monthly group intensive workshops, backed by participation in five Foundation Courses (-observe, apprentice, co-teach x 2, and solo-teach).

IDT training courses offer you powerful and immensely helpful tools for assessment, planning and the implementation of potent intervention strategies. Each year the use of IDT in client work expands and due to the increase in demand for IDT to be taught in New Zealand, Australia and other countries, there are new opportunities presented in 2011 for both teacher training and the purchase of a business license to own and operate an IDT centre. If you have an interest in finding out more about either our teacher training or business license opportunities please contact the IDT office directly. Please note that a "fast track" training opportunity has been scheduled in March and early April for both the Foundation and Advanced courses. This will enable IDT graduates to enrol in the 6 month IDT Teacher Training Programme that starts straight after Easter 2011. Please register your interest for any of the above training or business opportunities by using the form on the reverse.



<b>NZ 2011 COURSE SCHEDULE</b>		
		<b>11.2.11</b>
<b>FOUNDATION COURSE</b>	<b>Unit One</b>	<b>Unit Two</b>
Wellington A	3-4 March	14-15 March
Auckland A	10-11 March	17-18 March
Whangarei	17-18 March	21-22 March
Napier	13-14 May	16-17 May
Hamilton	13-14 May	16-17 May
Dunedin	13-14 May	19-20 May
Auckland B	15-16 July	18-19 July

Wellington B	15-16 July	18-19 July
Christchurch A	15-16 July	18-19 July
Nelson	12-13 August	15-16 August
Tauranga	12-13 August	15-16 August
Invercargill	2-3 September	5-6 September
New Plymouth	2-3 September	5-6 September
Palmerston North	23- 24 September	26-27 September
Christchurch B	23- 24 September	26-27 September
Auckland C	23- 24 September	26-27 September
<b>PD COURSES</b>	<b>Course</b>	<b>Course Dates</b>
Auckland	Supervision (Unit 8)	6-7 May
Dunedin	Children & Adolescents (Unit 4)	30 June – 1 July
Wellington	Children & Adolescents (Unit 4)	15-16 September
Christchurch	Supervision (Unit 8)	27-28 October
Wellington	Supervision (Unit 8)	30 September - 1 October
<b>ADVANCED COURSE</b>	<b>Session 1</b>	<b>Session 2</b>
Wellington	24-26 March	7-9 April
Auckland	24-26 March	7-9 April
Christchurch	11-13 August	25-27 August
<b>MASTERS COURSE</b>	<b>Course</b>	<b>Course Dates</b>
Tauranga	Masters	9-11 June
Wellington	Masters	6-8 October
Auckland B	Masters	27-29 October
Christchurch	Masters	16-18 November
<b>TEACHER TRAINING</b>	<b>Course</b>	<b>Course Dates</b>
Taupo	Teacher Training Group 1	28-30 April
Taupo	Teacher Training Group 2	26-28 May
Taupo	Teacher Training Group 3	20-22 June
Taupo	Teacher Training Group 4	10-12 Oct
Taupo	Teacher Training Group 4	10-12 Oct

## **IDT – THEORY AND PRACTICE THAT WORK!**

# **IDT 2011 TRAINING PROGRAMME REGISTER OF INTEREST**

To receive further information please send your completed form to either fax (+64 9 376 4759) or email ([idt@pl.net](mailto:idt@pl.net))

Name:..... Occupation: .....

Organisation:  
.....

Mailing Address: ..... Suburb: .....

City: ..... State /Post Code:  
.....

Email (work): ..... Email (home): .....

Phone (work): ..... Mobile: .....

**TICK**

FOUNDATION COURSE – Unit One	
FOUNDATION COURSE – Unit Two	
ADVANCED COURSE	
MASTERS COURSE	
PROFESSIONAL DEVELOPMENT WORKSHOPS	
- Working with Children & Adolescents	
- Supervision	
- Group Work	
- Working at Depth	
TRAIN TO BECOME AN IDT TEACHER <i>Enrolments close soon. Please register your initial interest now and to receive the Teacher Training Prospectus</i>	
LICENCE TO OWN & OPERATE AN IDT CENTRE	
- New Zealand	
- Australia	
- Other Countries	

Refer to our website, [www.interactivedrawingtherapy.com](http://www.interactivedrawingtherapy.com) for course fees and enrolment forms

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