

**IDT FOUNDATION COURSE**

*"IDT is like a light-bulb going on that I didn't even know was out."*

*"Great Course! Extremely valuable and immediately applicable. Best value-for-money course I've done in a long time."*

*"Very inspiring, clear, well structured, intensive."*

*"I value the whole method of working with drawings. Watching your demonstrations was helpful, especially with explanation of what you were doing. Also the way you reviewed the material several times."*

*"Found it really exciting and stimulating. Enjoyed all aspects of it. I could come back and do this one again."*

*"I value the sound theoretical base that is constantly there, and your respectful stance."*

*"A wonderful course! – very inspiring! immediately applicable to my current practice."*

*"I really enjoyed the training and have found it very valuable in my work. There have been some very significant changes in many of the clients I have been working with."*

*"Great course! Extremely valuable and immediately applicable. Best value-for-money course I've done in a long time."*

*"Found it really exciting and stimulating. Enjoyed all aspects of it. I could come back and do this one again."*

*"Excellent! I really enjoyed this course, - found it immediately useful." "Very inspiring, clear, well structured, intensive."*

*"I value the sound theoretical base that is constantly there, and your respectful stance. - A great course!"*

*"A wonderful course! - very inspiring! - immediately applicable to my current practice." "It works!"*

*"The method has got a lot of integrity about it. I like its theory, - its respect and use of affect."*

*"Very exhilarating, challenging, and rewarding. - A great workshop. I have absorbed so much."*

*"IDT is a little miracle – a universal therapy which I feel crosses the bridge of age, ability, ethnicity, willingness, and engages with ease and safety. Many thanks."*

*"IDT is brilliant. It's really safe, gentle, respectful, - a very client-centred process. It's illuminating! Clients really like it."*

*"I always get positive comments from clients when they work with IDT." It is wonderful for bringing resolution for hard-to-define emotional pain and childhood issues. One interesting new comment I had the other day was: "I can not lie about my feelings when I do IDT".*

*"I have used IDT so much since doing the course. It is proving to be an amazing tool."*

*"I love IDT. It has a lot of potential for my work with young males in group work. As the sessions went on and I found that my clients were really finding them helpful, I was able to relax and then things just flowed. I now find that I am using IDT on a regular basis, feeling confident and because of this I am eager to learn more."*

*"I really notice how much more quickly clients move forward in their healing with IDT. I have started to 'experiment' in a small way with groups of children. I believe there is a huge potential in development of social skills in IDT group work. Certainly the sessions have developed alongside my confidence. "*

*"The trust of the client seems to come very quickly when they can see this is by their direction, is not interpreted by the therapist, in turn allowing a depth to be reached to their own level, very quickly. The safety measure that comes with this is reassuring."*

*"I saw one of my most difficult clients today and used IDT for the first time with her and it worked better than anything else I've tried. So I'm writing to thank you for generously sharing with the world your brilliant observations and for developing such a powerful and useful technique."*

*"I cannot adequately express my excitement of the results of using Interactive Drawing Therapy with my clients."*

*"I have realised my good fortune at being who I am in the place I am in."*

*"Tutors extremely professional, accommodating and an excellent resource for all questions and situations."*

*"Every enquiry appreciated, and coming back to questions if unclear."*

*"I found the standard of tutoring very good and felt much more at ease with this modality at the end of the two days."*

*"Nice pace, language and tone. Good use of different stimuli. Warm encouraging manner."*

*"Well paced, very clear, good diagrams, good clear demos. Liked the client examples to concretise. The teachers have a thorough knowledge."*

*"Sensed true professionalism from both practitioners."*

*"Facilitators knowledgeable well informed, skilful, very approachable. Clearly familiar – lots of examples from own work. Gentle and caring. Use of modelling was excellent. Very competent."*

*"Since doing Unit One I have been doing a great deal of IDT (with a boy who has severe developmental delay and extreme visual/tracking problems). He is now working independently, at a much higher level, and his tracking has come right. His parents and teachers cannot believe it. I truly don't know what happened, but that the therapy worked!"*

*"Excellent modality for getting to real issues very quickly. Extremely effective and revealing"*

*"This is a very powerful tool / school of thought"*

*"Very speedy, effective way of resourcing the inner world and its impact and importance to the external. Creative and empowering for the client, enlightening for the therapist."*

*"Absolutely fan-bloody-tastic!"*

*"This course has been excellent. Refreshingly simple. Amazing ability to go deeply."*

*"Inspiring and very easy to use."*

*"Brilliant, Exhilarating, Empowering and Creative"*

*"Absolutely Amazing."*

*"Mindblowing is the word that comes to mind"*

*"Brilliant way to enable people to get in touch with deeper – often unspoken, issues."*

*"Satisfying and affirming."*

*"Very professionally conducted and communicated"*

*"Powerful, Empowering, Commonsense."*

*"Thought the course is the best one I've attended and can see many places in my work to use it."*

*"I have enjoyed the combination of practice and theory. Safe practice and yet revealing."*

*"I ndepth **D** ynamic **T** esting."*

*"Very good, Very impressed, Very excited. I am feeling rejuvenated."*

*"Thank you. A really wonderful experience, both personally and professionally."*

*"I love the way I can apply this to my work."*

*"An inspiring course with great potential."*

*"Great!!! Overwhelmingly fantastic."*

*"I find it a deceptively powerful tool which can be very light hearted and joyful."*

*"This course managed to put all my ideas about counselling into context."*

*"Well done. I enjoyed this course. My head is full of ideas."*

*"This expertise has been exhilarating and invigorating for me. It has given me different ways of working more closely with my clients."*

*"Inspired me to think beyond most frameworks."*

*"Great!!! Exciting, a radical approach. Excellent framework to work with."*

*"Awesome! Valuable! Worthwhile."*

*"The IDT training (Sydney) was the best I ever did..... Thanks to all of you."*

*"This (Adelaide) has been the very best of training courses I have ever attended. We intend to travel to NZ for next year's conference."*

*"I thoroughly enjoyed the 4-day training....a very professional, well-structured experience."*

*"I've just returned (to Perth) from a fabulous experience of IDT. I learned a lot and will find it very useful in my practice."*

*"The most 'information packed' course I've attended. I am very happy someone emailed it to my manager."*

*"Excellent. Very informative. Skills that can be put into practice immediately. Fabulous / Inspiring."*

*"Simply brilliant, Wow factor, Exciting, Clear, User-friendly, exciting discovery."*

*"Exceeded my expectations both personally and professionally."*

*"Really great tool for OT's. Keep it up."*

*"Excellent! Content very useful, teacher presentation excellent, pace good, demonstrations and practice all really good. Handouts great."*

*"Accessible and mind-blowing. Impressive. Very powerful."*

*"Absolutely bloody marvellous!! Very exciting. The possibilities seem endless."*

*"A professionally run course that I would recommend to others."*

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## **REFRESHER COURSES – FOUNDATION COURSE**

*"This refresher has been most helpful. - I've discovered so much more this time. There is such a lot to it".*

*"I just think it's amazing. – It's very rich. – I'm glad I repeated it. It's extremely valuable." "IDT is an amazing tool."*

*"I see so much more this time. I get more and more amazed at the power of right-brain activities."*

*"I have been really amazed and delighted at the outcomes of IDT – as are my clients."*

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## **IDT ADVANCED COURSE**

*"It's exhausting, challenging, scary and deeply rattling of what I thought I knew. It somehow also dramatically increases the quality of my work with clients; gives me deep confidence in my practice; and (as an added bonus) provides a great boost to addressing my own issues; and connects me with some great new colleagues."*

*"I feel that I've had another hunk of the richest and most exciting knowledge that I have ever studied since psych degree days. No other therapy is so comprehensive, - feels so right."*

*"There has been lots of deepening in understanding, seeing the rich texture, and some of it has been laid down permanently now.... I am stunned and delighted by the depth and breadth of IDT"*

*"In 20 years of training and working as a counsellor this is the most useful and enabling course I have attended with regard to professional, group and personal development. I give it my unreserved recommendation for any therapist or counselor"*

*"A very thorough, well-taught course, which has deepened my understanding of the overall therapeutic process. I have learnt new and creative ways of using IDT in my work. I am being much more effective in my counselling practice."*

*"I feel that I've had the richest and most exciting knowledge that I have ever studied since my psych degree days. No other therapy is so comprehensive, - feels so right."*

*"It's exhausting, challenging, scary and deeply rattling of what I thought I knew. It somehow also dramatically increases the quality of my work with clients; gives me deep confidence in my practice; and (as an added bonus) provides a great boost to addressing my own issues; and connects me with some great new colleagues."*

*"In 20 years of training and working as a counsellor this is the most useful and enabling course I have ever attended with regard to professional, group and personal development. I give it my unreserved recommendation for any therapist or counsellor."*

*"A very professional course. A must for those who are serious about developing the theory and practice of using IDT."*

*"The foundation course gave me a passion for IDT and I was eager to attend the Advanced Course. The passion continues – the advanced course is packed with valuable information and tools, the tutors so knowledgeable, warm and encouraging. I found on this course, that my counselling and awareness of life suddenly expanded on many different levels – it felt amazing...and is difficult to explain. I love the ease with which IDT enables the client (and my self) to connect to the deep inner core. It has helped me greatly with my own self awareness, built confidence with my work and has helped me to develop a greater professionalism. The user awareness of the IDT Therapeutic Process is invaluable to my work and gives a greater added depth of interest."*

*"A wonderful and supportive teaching making use of simple tools, but so powerful and safe. The Advanced Course goes so much deeper than the Foundation Course. Don't be deceived you will find yourself on a roller coaster ride during the months of learning. Only by experiencing these layers consciously, ourselves, can we become truly of assistance."*

*"IDT is a brilliant tool and at this advanced stage needs to be made accessible to more people. IDT is powerful in its simplicity and works beside many other modalities with ease. It has the potential to facilitate access to our inner worlds in a very short time, which allows healing to begin. However, don't venture into Advanced IDT if you are not ready to take the risk of being true to who you are. The path will eventually reveal all."*

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## **PROFESSIONAL DEVELOPMENT WORKSHOPS**

*"Found it incredibly valuable. I'm staggered by how much there is to IDT, - by how richer client relationships are this way."*

*"I'm amazed at what comes out on the page. My level of effectiveness in session has sky-rocketed!"*

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## **SUPERVISION GROUPS**

*"IDT Supervision has been invaluable. Each time I look forward to it, and enjoy the input and contribution of the people in the group"*

*"The feedback and input into real issues with real clients increases my learning and confidence immensely. Hearing other counsellors and about other clients always relates to my own experience. Always interesting and helpful"*

*"Extremely helpful sessions, - sharing with others. A valuable learning time and I look forward to the next session."*

*"IDT Supervision has been invaluable. Each time I look forward to it, and enjoy the input and contribution of the people in the group."*

*"Extremely helpful sessions sharing with others. A valuable learning time and I look forward to the next session!"*

*"IDT is a really useful tool in the Supervision process."*

*"We continue to be delighted, excited and amazed at the wide use and effects of IDT with our clients in the Mental Health setting."*

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## **NEWSLETTER**

*"A wonderful helpful and thought-provoking newsletter. Well done and Thank You !"*

*"Great Newsletter. Thanks for your huge efforts."*

*"An interesting and valuable resource magazine. I greatly enjoy it."*

*"One of the most interesting publications."*

*"I found the newsletter very helpful and inspiring."*

*"Out of all the newsletters and magazines I receive yours is the most enjoyable and informative. Many thanks for the hours of work that go into producing it. I can't wait to take part in more IDT training."*

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## **CLIENT TESTIMONY**

*"My disability is cerebral palsy. IDT has changed my life spiritually as well as for daily living. I've been able to work through issues quicker and more thoroughly. A very important outlet for me. My spiritual growth has been amazing. Being able to watch it in my drawings has been awesome. I thank A..., God and R... for showing me IDT. I feel it would open other people's minds in an easier way world wide."*